

WALKWITHME

STEP UP FOR YOUTH MENTAL HEALTH



**SIGN UP TODAY, TO HELP
SUPPORT YOUNG PEOPLE
EXPERIENCING MENTAL
HEALTH CHALLENGES**

Walk 50km, 75km, 100km
or a distance of your choice
during Mental Health Month
in October, and help raise
vital funds to support
youth mental health.

Step up today at:

walkwithme.net.au

